



MONTHLY MILESTONE

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Dear Monthly Milestoner,

Don't be scared.

Many don't know where to begin with options, especially when it comes to the fire-hot tech industry.

In my off-the-grid talk with options expert, Chris Capre, he reveals his #1 strategy for trading options in today's market.

Including how he scored over 100% returns in just 48 hours!

But this is just the beginning... As an options educator to hedge fund traders, Chris Capre leaks his wisdom and Wall Street knowledge in today's episode...

For everyday traders looking to win big.

Cheers to profits,

Nikia Wade

Host, Monthly Milestone



“Wall Street Wizardry: Secret Options Tech Play Rakes in 100% Returns in 48 Hours!”

Monthly Milestone Interview with Chris Capre



Nikia Wade: Hi, guys. I am your host, Nikia Wade. Welcome to our second episode of the Monthly Milestone podcast. I would like to welcome none other than Chris Capre. He is our in-house options expert. He has a wealth of information from starting out with Wall Street as an options educator to hedge fund trainees.

Chris has had quite a bit of success with options, and he has agreed graciously to share that information with you guys, too. So again, welcome back to Monthly Milestone. Chris, I just want to thank you for taking the time out of your super busy schedule to meet with me today.

Chris Capre: It's my pleasure to be here.

Nikia Wade: Today we're going to be focusing on your secret options tech play that's racked up over 100% returns in just 48 hours, which is absolutely insane. Those are things that people aspire to do.

But one thing I want to do is start here first, Chris: So most investors, they either take the stocks and swing trade routes, especially when it comes to the hot tech industry. Right now, tech is all the rave.

But amid all the optimism and mania, why are people so scared of options? And then, let's pivot into how your approach is different from what the next options expert is doing.

The Best of Both Worlds

Chris Capre: This is a great question. In some sense, I really understand why some stock traders feel kind of intimidated by options. I felt that initially when I first looked at it. And so I had the same feeling that a lot of traders have. I was like, “Wow, this is very different.” It seems more complex. And at the same time, I just want to say, they are a lot less complicated, actually more simple than people really understand. And if you are trading stocks, I think you should absolutely learn how to trade options, and there are very specific reasons for doing so.

So, in terms of the differences, when somebody is trading stocks, it's very straightforward. If you think it's going to go up, you buy. If you think it's going to go down, you sell. And that's it. It's not really that complicated. And it doesn't really matter whether it takes you a week, a month, or a year to get to your target. You make the same amount of money.

But if you're going to be trading stocks (and most people who are tend to be more biased towards the long side than the short side), then you want to be looking at combining options with your stock trading because it can give you other opportunities to kind of generate income that you wouldn't have if you were just trading stocks.

So if you're trading stocks... Let's say you're buying Apple or you're buying Tesla or something like that, the only money that you're going to make on that is the price appreciation. If you buy that stock and if it goes up \$10 and you have a 1000 shares, you'll make \$1000 per dollar gain, or \$10,000 profit. And that is pretty straightforward.

Some stocks will have a dividend, but that income (in terms of dividends) only happens a few times a year. You have to be holding the stock at that time to collect it. And if you're not, then it's not available to you. You're not going to profit from that.

However, let's say you're going to buy Apple at \$180 and you think it's going to \$190 in a month or so. By adding options on this, particularly a strategy called covered calls, you can say, "I own a thousand shares on this. I want to sell some calls." Selling calls is a bullish bet on a stock, and it makes money if it goes up. It loses money if it goes down. You can sell calls on top of your long stock position. And it's kind of like saying, "I think it's going to go up, but I don't think it's going to go up past \$190 within the next month."

So if you sell the \$190 calls or anything above \$190 and it goes up to \$190 but doesn't get above that, you get to keep all that profit. The profits from selling what are called covered calls can often be multiples of what you would collect on a dividend if you happen to be owning the shares when you get that dividend.

If I could start my career over, in terms of stock trading, I would have started with options at the exact same time. I would have just learned them both at the exact same time because the incomes that you can add on top of your long stock positions, or even your short stock positions, often can increase your profitability massively.

Sometimes, you can sell calls and it can easily add 10% profit on top of the gains per share. Sometimes, it can be 20%-30% of your total profit on that stock. And so a dividend is almost never going to be 10% of your total profit on a stock trade. And you can do this every single week, every single month on most stocks. It's just a way to kind of add a little bit of alpha on top of your long stock positions.

So for traders who are swing trading stocks. I understand there's a certain vernacular about options that can seem intimidating. I felt the same way, too. And then after a short period of time, I realized this is very easy to understand. And it just gives me a lot more ways to make money than just hanging long or short on a traditional stock way.

The Biggest Difference

Nikia Wade: I love it. That was the perfect explanation. I think that it seems like some people are scared of trading options. It's very intimidating. They don't know where to begin. Whereas it may seem just very straightforward if they're doing swing trades. But as you said, really it's a hedge of protection because you end up increasing your chances of getting more profits this way in a shorter period of time, too.

Now, here's another thing. So we have people watching and they're thinking, "Okay, there are a million options experts in the world. What sets you apart from... we don't need to call anybody's name now, but what sets you apart from some other options experts in the industry?"

Chris Capre: Yeah, that's a great question. So the first thing that I think separates me a little bit is the fact that I did work on Wall Street. I did work on the institutional side, both on the buy side and on the sell side, both as a broker on Wall Street and as a trader for a hedge fund.

And when you work at institutions, you get an inside perspective. It kind of pulls back some of the curtain as to what's going on in the markets that you probably wouldn't get if you're just trading retail on top of it. We have a profitable track record. All of our trades that we trade in the Benzinga Options School are listed. You can see every trade: what day we took it, what time of the day we took it, what was the trade, how much we paid for it.

And you can see how every single trade that we've ever taken works out. And we have a profitable track record. It's very clear. We've had a proven track record. You know, we've shared our own personal profit track record since 2020. We've made money in 2020, 2021, 2022, and we're making money in 2023. And so I think that separates it a little bit.

The final thing that I would mention is a certain sense of perspective in the sense of two things. One, I've been doing this for 23 years, and experience matters. You see things over 23 years that you wouldn't see over a five-year period, two-year period, or a 10-year period. I've literally traded multiple markets from the market to commodities to stocks and options. So I've seen kind of like an entire market play between all these forces, and I've witnessed a crash in every one of these markets literally every other year for 23 years. So I have the ability to trade both bullish and in bear markets as well. A lot of people have only grown up with bull markets, so if you came in late 2020, you've virtually only seen a bull market until 2022. So the first time you see a bear market, it's going to be very different from what you're used to.

And on the perspective side, the way I approach the markets is very straightforward. The framework is very straightforward. I am of the belief and this is something I learned in my institutional days, which is that it doesn't really matter whether you are buying and selling for a technical reason, fundamental reason, or economic reason based on sentiment or based on flow. All of those kinds of channels or avenues that people buy and sell a particular stock or commodity or whatever, they all get translated into one kind of core thing and that's order flow. And that's basically the total sum of buying and selling orders. And if it's tilted towards the buy side, then the market's going to go up. And if it's tilted towards the sell side, then the market's going to go down.

And I look at this and ask how we look at the flows and the options market and see where they're tilting towards one side or the other, where the institutional position is. I want to know how the dealers and market makers are set up so that they may have to hedge their positions so that if the market goes up, they'll buy or sometimes they'll be in a position where the market goes up, they'll have to sell.

And so I'm looking at the options world in terms of order flow. And I'm looking at it in terms of the dealers and market makers and where they are positioned on the buy side or the sell side, because that's going to have a huge impact on whether the market goes up. They're going to buy as well, or when the market goes up, they're going to sell. That has an impact upon my trade decision. So I would say that's kind of the main thing that kind of separates us from some of the other people out there.

100% Profits in Only 48 Hours

Nikia Wade: I can vouch firsthand that Chris knows what he's doing. I just shared with you last week, Chris, that I got feedback from a customer and said, "Hey, tell Chris I said, thank you." He said he's been following you closely and that every single play that he has mirrored of yours, he's profited. Like Chris just mentioned, he has over 20 years of experience. He's seen all types of markets. This is no person on YouTube that's like, "Hey, I've got an idea. I can get you rich overnight." This guy has definitely earned his stripes in the industry.

So I do want to pivot a little bit. You've had plenty of success in the past, definitely a success in the very recent past as well. So there was a recent options play that you did in the tech industry. It's a microchip company. We're not going to say what that company is right now, but tell the viewers this: Why did it grab your attention? I'm very curious.

Chris Capre: So in partnership with some developers I've worked with at Benzinga, we have built some proprietary apps that allow us to kind of see what's going on in the flows for the overall market, which could be the S&P 500 or perhaps even a single stock.

We can see the total numbers of calls and puts and how that changes on a day-by-day basis. Are traders getting more bullish by looking for higher targets or are they getting more bearish by reaching for lower targets? And so with these tools, I'm able to see inside the flows and kind of say, hey, where is everybody positioned? Where is the positioning moving towards? Is it moving more bullish? Is it moving more bearish? Is it becoming more consolidated around a particular price point?

And this particular company had intrigued me because it's attracting a lot of flow and there's a lot of interest in the tech industry right now in the industry, which we're going to talk about in a little bit. But it has been attracting a lot of flows both on the options side and the share side. And any time a stock attracts a lot of flows, there's a chance for a high momentum move. There's a chance for a very clear bullish or bearish move, and I want to take advantage of that. So we had been watching the price action on the charts.

We've been watching the flows, and we felt like after this bull trend, there was a pullback. We felt like that was starting to kind of fade a little bit, and the bullish traders were starting to come in and say, "Hey, we feel this is a really good price to be getting into it." So we took advantage of that. We got a bullish play on that, and, in two days, we were able to make a little over 100% on that particular trade.

Nikia Wade: Wow. And so again, guys, this was recent. So I took a look at your portfolio. So the specific play that you did, again, not telling the company quite yet, but you did what's called a long call butterfly play, right? You entered the entry price of \$1.61. You entered on June 5. Then, by June 7, the price went up from \$1.61 to \$3.23, which is incredible. So a little under 101% gain. Some would call that Wall Street wizardry. Again, like I said, I think of you as an options wizard. But can you explain a long call butterfly play and why you picked that specifically to play this company in the tech market?

Chris Capre: Yeah, this is an excellent question. So a long call butterfly, also known as an even butterfly, is what we call a three-legged options strategy. And so it consists of three different strike prices and different types of options that we're doing at that. So a one-call butterfly is basically expressing that we're bullish, but we're bullish up to a certain point. We think that if the market gets to this price, that it'll kind of stall. We're bullish from \$150 to \$160. But if it gets to \$160, we don't think it's going to keep on pushing. We think the market's going to kind of consolidate. And the reason why we thought that was because we had noticed that the bullish traders had a high concentration of calls at \$160. But then beyond that, there was just no interest, which tells us, this is where the option traders think the max move is to the upside.

We thought this is a perfect opportunity for us to do a long call. Butterfly. So a long call butterfly is where you're bullish. I'm going to buy some calls here. Let's say 10 calls, and then I'm going to sell 20 calls above that. Now, if I buy 10 calls, I have to pay for that, right? That's what we call a debit. So if I buy a call, kind of like when I buy car insurance, I have to pay that. But if I'm the insurance company and I sell the insurance, I get paid for that. So it's a chance for me to kind of take both sides of the trade, for me to be the insurance buyer and the insurance seller within the same option trade.

So let's say I'm buying 10 calls at \$150, right? Well, then I'm going to sell double the amount of calls at \$160 where I think the market won't get above. Because I'm selling that, I'm going to get credit for that. Instead of just buying a single call or just buying some long calls at \$150, which I have to pay out for, by selling some above, I'm going to get a credit for that. So it makes my bullish play cheaper to get bullish at \$150.

And, then, the third leg on a long call butterfly is what we call kind of insurance. If the stock overshoots \$160 beyond my expectations, then, I have insurance above that allows me to reduce some of my losses by having another bullish set of calls above that. So it's like long 10 calls, short 20 calls, another long 10 calls, and it comes out to net long, 20 calls with this kind of range of strikes that I can make money.

So I can make money from \$155 to \$165, but then anything below \$155 or anything above \$165, I lose money. And that amount that I lose is fixed. That's not ongoing. It's just a fixed amount. And so that's the trade we chose for it because we were bullish on it. But up to a certain point and beyond a certain point, we were no longer bullish and we felt it would stall there. And that's exactly what it did.

The market was going up for a little bit. It pulled back into a zone we really liked, and we decided to get bullish from this point. We think it could go up to like \$160. And then we said, okay, let's just see what happens. So literally, that day, it starts to bounce. The next day, it goes up to \$160 and we're like, okay, we can close out right now for 100% profit. Let's do it!

Why wait a few more days to see what happens? That will leave some of our profits on the table that would expose us to risks that we couldn't quantify. Maybe something in the news comes out on the stock that's bearish. And so we said we made some great money in two days. Let's take our profit, move on to the next trade.

Nikia Wade: Smart! I want to address that fear that many people have about options. But it seems like you have really found a strategy where you can cover people on all ends to make it one of the safest ways to trade options. Would you agree with that?

Chris Capre: Yes, and the one thing I didn't mention when we were talking about covered calls, which is kind of an important thing for people to understand, is that... If you're bullish on Apple and you think Apple is going to grow to \$200 by the end of the year, you may buy it at \$180. Well, whether it gets to \$200 in a week, in a month, or a year, you make the same amount of money. There's no more money to be made. The reason why we thought that was because we had noticed that the bullish traders had a high concentration of calls at \$160. But then beyond that, there was just no interest, which tells us, this is where the option traders think the max move is to the upside.

With options, though, you can make money. You can make more money if it gets there faster. Or you could take another approach and say, you know what? I think this is going to take a little bit longer than people expect.

And so you can take the other side and say, you know what, I think it's going to be there in a month. I think it's going to be there in three months. And so you can make money, whether it gets there faster or you can make money, whether it gets there slower.

And so options give you, no pun intended, options. More options are ways to make money on some of these stocks that you're trading in. It allows you to also control risk in ways that you couldn't with the stock if you're a long Apple stock. Let's say it goes up to \$200 and you want to hold it for a year to \$250, but you're worried over the coming quarter the results might not be that great and it might pull back to one \$180.

Well, then, if you're just a stock trader, you're kind of stuck in that. You have to say, hey, I have to sit through this pullback or I have to take profit and hope that it does pull back at a cheaper price and get in with options. You can say, you know what, keep your long stock position. You can take a short-term bearish bet via options on that. And if it goes down, even though your stock position lost money, your option position will gain money so you can make money while you're long, stocks are pulling back. And that's the beauty of options. They give you more ways to control risk, more ways to make money than you can when you're just kind of trading stocks in a very vanilla fashion.

The Tech Stock Play Earning \$3,000-\$5,000 in Days

Nikia Wade: That sounds like “The Best of Both Worlds.” You get the safety, but also the real potential to make quite a bit of profits and earn a little bit of time. So outside of the microchip company, there is another recent opportunity that you just cash in with. So we know with the microchip company you made a little over 100% in profits.

And then there was another familiar household name in the tech industry where you made a solid 76% profit, too. But before we get into that second one, I would like you to go ahead and tell the viewers what was the stock that you played that could have made them an additional \$3,000 to \$5,000 in just days? That one that hit over 100% in just two days. What stock did you trade?

Chris Capre: Yeah, AMD and it's attracted a lot of attention lately because of the boom. There's a few things I'd like to say about that. AMD attracted a lot of attention. Nvidia's attracted a lot of attention. The microchip companies have attracted a lot of attention and the semiconductors. You know, as a whole, there's a lot of the big names TSM, Taiwan Semiconductor, AMD, and Nvidia. But then there's also some sleepers out there that are going to benefit from it as well that we've been kind of trading on the side. So the tech industry is really hot right now, and I think it's going to be for the time being.

Nikia Wade: That's beautiful. And again, for the people listening and watching: AMD is Advanced Micro Devices. That's the company that we are speaking of. Super impressed by that. I do want to dive into that second tech company where you had that recent success. So again, you played it for 76% profits. Tell us what that company is, why you love it and what it has been doing.

Chris Capre: So this stock that we recently traded for a 76% gain. It's one that attracts a lot of retail interest, both on the bullish side and on the bearish side. So by default, it's attracting a lot of flows and a lot of attention.

And it has a very fast news cycle where there's just a lot of news coming on it almost on a day-by-day, week-by-week basis. And so because of that investors are going to be watching it a lot. They're going to be adding new positions or taking off bullish positions. And that creates a lot of opportunities for volatility.

Besides the fact that it attracts a lot of flows, a lot of attention and volatility, it's one of those stocks that can move a lot in a short period of time. And that creates opportunities that you might not get with Apple. Apple is this slow, steady, consistent, stock over time. It has its pullbacks, and it has its weak moments. But, you know, it's a company that has for years, for decades now, just been super consistent. It's not going to move \$10, \$20 in a day.

This stock they traded could easily move \$10, \$20 in a day. And that just creates more opportunities to make money. So when I see something that has a lot of volatility, a lot of flows, and it creates a setup where I'm like, hey, a lot of the option traders are coming in and saying, "We think this is the floor right now. We are getting bullish on this..." Then it piqued my interest and gave me an opportunity to make money on a bullish setup.

Nikia Wade: That was 76% profits in just two weeks, right? We're not saying months. This happened very quickly. No solid two-digit gain that people could just easily pocket. So people may have their suspicions of what tech company is pretty much in the news every single day, especially with its leadership. We can reveal what that company is. Anything else that you want to share about it that you thought was very interesting?

Chris Capre: Yeah. So that stock was Tesla, and it's in a very interesting moment in time for right now. There's an earnings report coming up. There's a lot of earnings cycles coming out. There's a lot of speculation on both sides, which is great because it's going to attract a lot of bullish bets. It's going to attract a lot of bearish bets, and somebody is going to be wrong on that. And whoever's wrong is going to have to pull those positions out, which creates even further opportunities for volatility and trades to be set up.

So Tesla, with its very charismatic founder, I will trade Tesla bullish or bearish on any given week. I'm not a perma-bull; I'm not a perma-bear. I don't really have that with any particular stocks. My approach is, hey, what is giving me a chance to extract alpha out of the market? What has consistent flows on the bullish or bearish side, and how can I take advantage of that? And Tesla is just one of those that tends to provide a lot of opportunities. A lot of our students trade Tesla. We have so many students that are trading Tesla that they want to know about what's going on with the flows on a day-by-day basis. And that's why we look at it every single day in the Benzinga Options School. So that was the company that gave us a chance to make a really good profit in a short period of time.

Nikia Wade: I love it. So you always have something amazing up your sleeve for your students and those who follow your recs on a weekly basis. So we had the Tesla recommendation. The options play of 76% gains, in two weeks. We had AMD, which is Advanced Micro Devices. You bagged a cool 100% profits in just two days. So where do you see the future of tech investing headed over the next short term and long term for those who are interested in playing options and want to get their feet wet and not just sticking with swing trades?

Chris Capre: So there are two points I want to make on this. First, you know, I've had an amazing run in tech this year. Tech particularly has attracted a lot of interest with ChatGPT and all these applications that are coming out. Maybe it got a little bit frothy and overexcited and exuberant in the short term. It's cooled off just a little bit.

But I'm looking at this from a broader perspective of someone who's been in this for 23 years. I feel like, in terms of tech, we are in a position where we were back in the 90s, when high-speed Internet was becoming a thing. And back then, a lot of people couldn't really see all the ways that high-speed Internet was going to open up opportunities.

They could envision some things. They could get some things right, but nobody could see the whole picture.

And I think we're at that same point in history with A.I., that some people can see some of the ways that A.I. is going to change things. But there's so many potential opportunities and incarnations and developments that will happen with it that I feel like we're on lap one of like a 20-lap race.

Opportunities in Medicine, Biotech, Healthcare, and Finance “We Can't Even Fathom”

Chris Capre: And it's attracted a lot of increases like Nvidia of well over 100% this year. Some stocks are up 150% in this space. And short term, that may seem a little bit high, but you have to take a broader view of where we are. And I feel like we're in that situation back in the 90s. But the only difference is that the Internet by itself can't display intelligence, but A.I. has the potential to display some sort of intelligence. And that's going to create opportunities that we can't even fathom as to how that will play out in terms of companies, technologies, software, opportunities, medicine, biotechnology, health care and finance.

And so it has the potential to disrupt every industry out there, enhance it for some, crush it for others. But it will create so many opportunities, and we are at this important point in history.

The other thing I want to mention is that, in terms of options in particular, I wouldn't be surprised to see some of the recent developments that we've had in SPY, which is the ETF for the S&P 500.

Recently, the S&P 500, or the SPY ETF, moved to options where you can trade them five days a week, meaning that they would have options that expired every single day, Monday through Friday.

In the past, that was only limited to the SPX, which is the S&P 500 itself, not the ETF. So that has happened to where we've gone to what is called 0DTE options, zero days-to-expiration options, five days a week. I think it's possible that we will start to move into that phase with some of these big tech tickers. The ones that attract a lot of options like Tesla are those stocks that attract millions of options every single day.

Some days it's almost on par with the S&P 500 ETF and with that, brokers and market makers are going to say, "Hey, look, there's so much volume and transactional flow that why don't we move to instead of once a week, maybe we move to three times a week, maybe that leads to five days a week?"

So I think there's a possibility that the brokers and dealers have opened the floodgates. I don't think they're just going to stop at the SPYs and the Qs, which is the tech index, the Nasdaq ETF. I think eventually they're going to start to see some of these tech stocks have enough flow that we could do three times a week. And then they'll trial balloon that.

And then if everything works out, there'll be enough for 0DTE options on, say, Tesla or some of these other big tech names. And that, again, is one of those situations where we can't foresee, as option traders, what that is going to do to markets in terms of prices, in terms of trading. You know, we have seen with the SPY ETF that it's attracted a lot of day trading flows, for instance, hedge funds and institutions that are actively day trading. They weren't doing that before they had zero DTE options on SPY. Now, they are. And you've seen retail flows as well saying, "Hey, I got zero DTE options on SPY. I'm going to take advantage of this." So that's had implications in terms of volatility, in terms of intraday price movements.

And we're still kind of digesting that to find the full impacts of it. People look at the numbers in the data. But I wouldn't be surprised to see the brokers and market makers say, "Hey, we're going to start moving to, you know, instead of a Friday expiry for Tesla, maybe... Monday, Wednesday, Friday, and maybe we'll go to 0DTE." So those are kind of the two big shifts I see in the tech space right now.

Nikia Wade: Yeah, and that's big. I love that you made that comparison back to the Internet boom. When we were on the cusp of that, no one would have imagined that down the road we would have smart homes, right? The Internet of Things. No one foresaw that there would even be a market for that and what that would do for the economy. And I agree with you that now that AI is all the rage, you can't even go on social media or look at the news without hearing something dealing with artificial intelligence. And like you said, we're just in lap one of lap 20.

And thank you for mentioning the zero DTE options as well. That would be a huge game changer for those looking to get into options.

I'm sure that people are curious, right? Those who maybe have been trading options for a while and maybe they just got burned listening to the wrong analyst. Or maybe they've been sticking with stocks and are ready to get their feet wet, but don't know where to go.

To be clear, we would not encourage anybody to just start trading on your own without doing your due diligence. And I want to make this disclaimer. Nothing that we're discussing today should ever be interpreted as personalized investment advice. So I just want to make that very clear. So no one is taking it that way.

Your Personal Ex-Fund Trader-Turned Options Coach—For Less than a Cup of Coffee

Nikia Wade: But if you are interested and would like to glean from the decades of experience that Chris has, there is a way that you guys can do that again. If you want access to someone who is a former hedge fund trader, most people are not going to give you this type of information on a regular basis for a price that is actually feasible for the everyday person.

So I think that's one thing, Chris, that makes you very unique and also which makes this opportunity very unique and special for those who are watching. So you do have a low-fee introductory option where people can get started immediately. They would get access to two free options plays every single month, which is incredible.

Again, you're getting this from somebody who has been around for over 20 years, boots on the ground with a Wall Street ex-hedge fund trader. Can you let them know how much they can get started with again, Chris? What's the name of the service that you offer at the ridiculously low price that you agreed to?

Chris Capre: Yes. So there's a couple of services that people can purchase. If somebody is just looking to get two free options signals a month, literally \$0.99 for the first month, you can get access to two single trades I take every single month. It's called **OptionSurge**, and it has multiple tiers, but that's like the starter tier.

And that can be a long call, a short call and long or short put option on some of the major stocks that are out there. And we say, twice a month we'll pick this. They tend to be timed around particular weeks because the way options are, there's cycles where flows are coming in and flows are coming out. And so for literally \$0.99, you can get access to that.

We have more advanced tiers with other layers of trades. We can get access to more trades. But yes, that's kind of like an introduction. It's kind of like a tease and saying, "Here's a particular trade idea." We don't just give you the trade and say, "Okay, just follow along." I actually explain my rationale and reason why I'm getting in this trade. "Hey, I'm bullish because of this." I see these flows coming in... I think it's going to move to such and such target. I will take profit at this price. Here is my stop loss in case it doesn't work out.

So I'm not just giving you a trade signal. I'm saying "Here's my reasoning." You can learn as you earn a little bit, and it gives you an insight into how a trade works. So that's one method.

But if somebody really wants to learn kind of the vernacular and the skills and the strategies and my particular model, then we have another thing for that, which is called the Benzinga Option School.

And that's an opportunity for them to be with me live five days a week where I will go over the market every single day and say, "Hey, here's what's going on in the S&P 500. Here's what I'm seeing in Tesla. I'm interested in DMD." I have a live day trading commentary on that. So if I'm day trading for the first hour of the day, I am tweeting out or, you know, in the chatroom saying, hey, watch for this. I think it can go to this price. I think it's going to start fading. So then again, people can learn with me five days a week and also participate in the live class and get access to trades as well.

First month is \$0.99. You get access to two free single IG option trades and then if you really want to learn and say, "Hey, I want to understand more about this," then that's what the Benzinga Options School is for. And you can do that live with me five days a week.

Nikia Wade: That's beautiful. Thank you. One thing that really stuck out to me, you said that you explain it. But I know there are some analysts that just send out an email, you know, say "buy the stock or here's the options play" and they give no context. And I feel like the difference again between you and a lot of these other analysts is that you really take the time to explain why it is like you're not just pulling these options plays out of a hat.

There is a method to the madness, and I think we had a side conversation before that you really want your followers, your readers, to get your mindset so that they can adapt this mindset for themselves and really think like an options pro, which is exactly what you are.

So guys, I am going to provide a [link](#) in the written version of this podcast. You'll have the opportunity to get started with **OptionSurge: Starter**. Again, it's only \$0.99. You can't even get a cup of coffee for \$0.99, right? So we're not talking about something that will be here and be gone in an hour. We're talking about really giving you guys the opportunity to create generational wealth for your family, for the lifestyle that you really want.

And so many people have used this vehicle through Chris Capre to really build the lives that they want. These are big numbers. All of these trades, they are recorded and the proof is in the pudding. So I'm definitely going to go ahead and include the [link](#) so that you guys can get started.

And if you want to understand that brilliance that's in Chris's head, we can also get you started with Benzinga Options School. Chris, again, I appreciate you. And just to give you guys a little bit more context, when I say that he is brilliant, I absolutely mean it. I mean. One thing that we have not mentioned is that you're getting a doctorate degree for what?

Chris Capre: Neuroscience. I am in the University of Colorado Boulder's Neuroscience program, along with being on the Neuroscience Club executive board. It's a passion of mine, and I love studying the brain every day.

Nikia Wade: Yeah, that's incredible. So, guys, Chris Capre is definitely someone you want to have close access to for many reasons, so we can get you started. Just click on the [link](#). He'll be more than happy to get those options plays to you. Chris, is there anything else that we didn't cover that you would love to share with viewers today?

Chris Capre: I really hope those traders watching and reading this use this opportunity to look at options in a completely different way. Again, if I could go back in time and talk to the younger Chris, I would tell him to keep working out, Don't stop, you know, But I would also be like, Hey, really dive into these options. I would have never anticipated over 20 years ago... If somebody told me right then and there, "Hey, you're going to become very savvy in these, and this will be a major part of your trading," I would have been like, "No way. This is super complicated. I don't understand. It makes no sense to me."

And yet here I am. I never anticipated it. And honestly, it's been so much fun because it's given me different ways to make money than just buying and selling, going up and going down. I get so many different opportunities to make money that I keep saying to myself, "My God, if I was doing this 20 years ago what I'm doing now, I would be a centimillionaire today."

And so I just keep telling myself, "Oh my God, keep staying with this. It's just too much fun and it just gets better and better."

And I hope people get the opportunity to learn and understand options the way I teach it because it'll change your perspective. You'll never see the market the same way once you really go through the material. It'll give you a whole new perspective, and it'll give you a lot of different opportunities to make money in the market.

Nikia Wade: Beautiful. Thank you so much for your time. I know that you are extremely busy, so guys, do not let this opportunity pass. Where else are you going to go? Where an ex hedge fund trader is saying to you, the everyday person, "I will literally teach you how to trade options and do it in a safe way."

At that I will give it to you for less than a cup of coffee that you could find anywhere. So guys, I will include the [link](#) and we'll get you started on this in our second episode of the Monthly Milestone podcast with the one and only options expert Chris Capre.

Again, Chris, thank you so much for your time. We're definitely gonna have to do this again soon.

Chris Capre: I'd love that - it would be my pleasure.

Nikia Wade: Awesome. Take care, guys.

Editor's Note: To access Chris Capre's [OptionSurge](#), where you'll get two pro-level options plays each month, you can [go here now](#) to get started for only \$0.99.

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